



Pistachio Jumbo (Kalleh Ghouchi)

## Sizes: 18/20 20/22 22/24 24/26



Pistachio Super Long (Ahmad Aghaei)

Sizes: 22/24 24/26 26/28 28/30

# **In-Shell Pistachios**

We offer in-shell pistachios both in raw and roasted-salted forms. Varieties and sizes of which are:



Pistachio Round (Fandoghi)
Sizes: 26/28 28/30 30/32



Pistachio Long (Akbari)

Sizes: 18/20 20/22 22/24

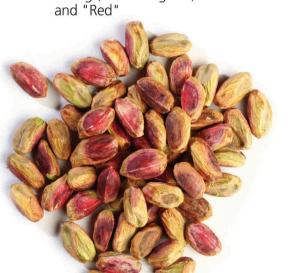
## Natural Pistachio Kernels

In order to maintain freshness and healthiness of product, we use closed-mouth pistachios and after they are shelled by machinery, we remove foreign materials and pack

them in 10 kg vacuum bags.

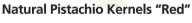
Most available varieties are "Round (Fandoghi)"

"Long (Ahmad Aghaie)"





Natural Pistachio Kernels "Ahmad aghaie"





Natural Pistachio Kernels "Fandoghi"

# Nutrition Facts Per 100 gr. pistachio kernels

Energy: 562 kcal Protein 20.27g Total lipid: 45.39 g. Carbohydrate 27.51g. 10.3g. Fibre Minerals: Calcium 105 mg. 3.92 mg. Iron Magnesium 121 mg. 490 mg. **Phosphorus** 1025 mg. Potassium Sodium 1 mg. Zinc 2.20 mg. Vitamins: Vitamin C 5.6 mg. 0.870 mg. Thiamin 1.700 mg. Vitamin B-6 Vitamin A 415 IU. Vitamin E 2.30 mg. Lipids: Total saturated 5.556 mg. Total monounsaturated 23.820 mg. Total polyunsaturated 13.744 mg

Cholesterol







0 mg.

## Green Peeled Pistachio Kernels

Since unripened crops tend to yield better green hue, half-ripened and fresh crops are harvested and then the inner skin is peeled.

Based on the intensity of green color, it is categorized as

S (Supreme) - (intense dark green), and A (dark green), B (bright green),

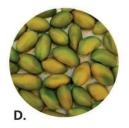
C (very bright green) and D (yellow-green).

GPPK is mostly used as an ingredient in chocolates,

sausages, ice-creams and pastries.



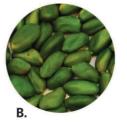
**Green Peeled Pistachio Kernels** 











### Packing:

- Raw pistachios inshell: 25 / 50 kg PP bag
- Roasted salted pistachios inshell: 10 kg vacuum bag/carton
- Pistachio kernels: 10 kg vacuum bag/carton
- Consumer Package: 250 g zipper bag / 200 g PET easyopen can



### **Consumer Packing**

We supply roasted-salted pistachios in various packages such as: 250 g Zipper Bags 200 g PET Easy Open Cans





